Web site: www.linedancermagazine.com
E-mail: admin@linedancermagazine.com

## Sea Of Heartbreak

32 Count, 4 Wall, Improver
Choreographer: Niels Poulsen (DK) Nov 09
Choreographed to: Sea Of Heartbreak by Rosanne
Cash feat Bruce Springsteen

Intro: 16 counts from first beat in music (app. 11 seconds into track).
Start with weight on $L$ foot.
1-8 Walk Fw R, $1 / 4$ R, Sailor $1 / 4$ R, Walk Fw L, Walk Fw R, $1 / 4$ Side Rock Cross
1-2 Walk fw $R$ (1), turn $1 / 4 R$ stepping $L$ to $L$ side (2) [3:00]
3\&4 Cross $R$ behind $L(3)$, turn $1 / 4 R$ stepping $L$ a small step to $L$ side (\&), step fw $R$ (4) [6:00]
5-6 Walk fw L (5), walk fw R (6) [6:00]
7\&8 Turn $1 / 4 R$ rocking $L$ to $L$ side (7), recover weight on $R(\&)$, cross Lover R (8) [9:00]
9-16 Side R, Together L, R Back Lock Step, Side L, Together R, L Step Lock Step
1-2 Step R to R side (1), step L next to R (2) [9:00]
3\&4 Step back on R (3), lock L over R (\&), step back on R (4) [9:00]
5-6 Step L to L side (5), step R next to L (6) [9:00]
$7 \& 8 \quad$ Step fw on $L$ (7), lock $R$ behind $L(\&)$, step fw on $L$ (8)

* RESTART on 5th wall, facing 9:00

17-24 Step $1 / 2$ L, R Shuffle $1 / 2 \mathrm{~L}$, Back Rock L, L Shuffle $1 / 2$ R
1-2 Step fw on $R(1)$, turn $1 / 2 L$ stepping onto $L$ (2) [3:00]
$3 \& 4$ Turn $1 / 2 L$ stepping back on $R(3)$, step $L$ next to $R(\&)$, step back on $R(4)$ [9:00]
5-6 Rock back on $L$ (5), recover weight to $R(6)$ [9:00]
7\&8 Turn $1 / 2 R$ stepping back on $L$, step $R$ next to $L(\&)$, step back on L[3:00]
Note: non turny option for shuffle $1 / 2$ turns are to do regular shuffles forward and back
25-32 R Back Rock, R Kick Ball Change, R \& L Side Switches, R \& L Heel Switches
1-2 Rock back on $R$ (1), recover weight to $L$ (2) [3:00]
3\&4 Kick R foot fw (3), step R next to L (\&), change weight to L (4) [3:00]
5\&6\& Point R to R side (5), step R next to L (\&), point L to L side (6), step L next to R (\&) [3:00]
7\&8\& Touch R heel fw (7), step R next to L (\&), touch L heel fw (8), step L next to R (\&) [3:00]
*RESTART:DURING 5th wall, AFTER 16 counts, facing 9:00.
ENDING: Start 9th wall facing 6:00. To end facing 12:00 do counts 1-8, when doing count 9 you turn $1 / 4 \mathrm{~L}$ stepping back on R foot.

