

Go Mama Go

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64 Count, 4 Wall, Improver Choreographer: Kate Sala & Robbie McGowan Hickie (UK) April 2009 Choreographed to: Let Your Momma Go by Ann Tayler, CD: Let Your Momma Go (162 bpm)

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Intro: 32 Count intro from the Beginning

Side Step Right. Together. 1/4 Turn Right. Hold. Step. Pivot 1/2 Turn Right. 1. 1/4 Turn Right. Hold.

- 1 2 Step Right to Right side. Close Left beside Right.
- 3 4 Make 1/4 turn Right stepping forward on Right. Hold.
- 5 6 Step forward on Left. Pivot 1/2 turn Right.
- 7 8 Make 1/4 turn Right stepping Left to Left side. Hold. (Facing 12 o'clock)

2. Back Rock. Toe Strut Right. Back Rock. Toe Strut Left.

- 1 4 Rock back on Right. Rock forward on Left. Step Right toe to Right side. Drop Right heel to floor.
- 5 8 Rock back on Left. Rock forward on Right. Step Left toe to Left side. Drop Left heel to floor.

3. Behind. Side. Cross. Hold. Side Rock. Recover 1/4 Turn Right. Step Forward. Hold.

- 1 4Cross Right behind Left. Step Left to Left side. Cross step Right over Left. Hold.
- 5 6Rock Left to Left side. Recover weight on Right making 1/4 turn Right.
- 7 8 Step forward on Left. Hold. (Facing 3 o'clock)

4. Diagonal Locks Step (Right & Left) with Scuff.

- 1 2Step Right Diagonally forward Right. Lock step Left behind Right.
- 3 4 Step Right Diagonally forward Right. Scuff Left forward and out to Left side.
- 5 6 7 8 Step Left Diagonally forward Left. Lock step Right behind Left.
- Step Left Diagonally forward Left. Scuff Right forward and out to Right side.

5. **Reverse Rumba Box.**

- 1 4Step Right to Right side. Close Left beside Right. Step back on Right. Hold.
- 5 8 Step Left to Left side. Close Right beside Left. Step forward on Left. Hold.

Step. Pivot 1/2 Turn Left. Step Forward. Hold. Full Turn Right (Travelling Forward). Hold. 6.

- 1 4Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. Hold.
- 5 8 Travelling Forward...Make a Full turn Right stepping Left. Right. Left. Hold. (Facing 9 o'clock) Easier Option: Counts 5 – 8 above ... Left Lock Step Forward with Hold.

7. Side Step Right. Toes Touches In-Out-In. Side Step Left. Toe Touches In-Out-In.

- 1 2Long step Right to Right side. Touch Left toe beside Right.
- 3 4 Touch Left toe out to Left side. Touch Left toe beside Right.
- 5 6 Long step Left to Left side. Touch Right toe beside Left.
- 7 8 Touch Right toe out to Right side. Touch Right toe beside Left.

8. Mambo 1/2 Turn Right. Stomp Forward. Hold for 3 Counts.

- 1 4Rock forward on Right. Rock back on Left. Make 1/2 turn Right stepping forward on Right. Hold.
- 5 8 Stomp forward on Left; spreading hands out to each side. Hold for 3 Counts. (Facing 3 o'clock)
- Note: At the End of Wall 5 (Facing 3 o'clock) ... Dance the 1st Section of the dance Only (Counts 1 - 8) Then continue with a 12 Count Tag as follows:

Tag: Behind. Hold. 1/4 Turn Left. Hold. Right Jazz Box Cross with Holds.

- Cross Right behind Left. Hold. Make 1/4 turn Left stepping forward on Left. Hold. 1 – 4
- 5 8 Cross step Right over Left. Hold. Step back on Left. Hold.
- 9 12 Step Right to Right side. Hold. Cross step Left over Right. Hold. (Facing 12 o'clock) Then Restart the dance again from the Beginning (Facing 12 o'clock)

Ending: The Music Ends during Wall 8 (Facing 3 o'clock) ... to finish Facing the Front Wall ... Dance up to Count 12 ... then Count

- Rock back on Left. 13:
- 14: Rock forward on Right.
- 15: Make 1/4 turn Left stepping forward on Left.
- Hold and Pose!!!! ... It's MUCH Easier than it looks ... Trust Me!!!! 16:

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