



**STEPPIN'OFF** 

Approved by:

THEPage

## Flying Without Wings

4 WALL - 32 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1	NC Basic, Full Backward Turn, Back Rock Side x 2		
1 – 2 &	Step right to right side. Rock back on left. Recover onto right.	Side Back Rock	Right
3 – 4	Turning 1/4 right step left back. Turning 1/2 right step right forward.	Full Turn	Turning right
&	Turning 1/4 right step left to left side. (12:00)		5 5
Option	Counts 3 – 4 &: replace full turn with Grapevine left.		
5 - 6 &	Rock back on right. Recover onto left. Step right to right side.	Back Rock Side	On the spot
7 – 8 &	Rock back on left. Recover onto right. Step left to left side.	Back Rock Side	
Section 2	Cross Unwind 3/4, Sweep into Coaster, Run x 2, Press, Ball Cross, Coaster Step		
1	Cross right over left and unwind 3/4 turn left, weight ending on right. (3:00)	Unwind	Turning left
2&3	(Optionally sweep left into) Step left back. Step right beside left. Step left forward.	Sweep Coaster	On the spot
4 &	Two quick walks forward, stepping - right, left.	Run Run	Forward
5 – 6	Press forward on right. Recover onto left.	Press Recover	On the spot
& 7	Travelling back (body angled slightly to right) Step right back. Cross left over right.	Ball Cross	Back
Option	Counts & 7: Full turn right, stepping right 1/2 forward, left 1/2 back.		
8&1	Step right back. Step left beside right. Step right forward.	Coaster Step	On the spot
	(Straighten up to face forward in line of dance.)		
Section 3	Forward Mambo, Back Rock, 1/2 Turn, Sailor Step, Cross Rock		
2&3	Rock forward on left. Rock back on right. Step left back.	Forward Mambo	On the spot
4 &	Rock back on right. Recover onto left.	Back Rock	
5	Turning 1/2 left step right back. (9:00)	Turn	Turning left
6 & 7	Cross left behind right. Step right to right side. Step left to left side.	Sailor Step	On the spot
8 &	Cross rock right over left. Recover onto left.	Cross Rock	
Section 4	1&1/4 Turn, 1/4 Turn, Cross, NC Basic, Cross, Unwind Full Turn		
1	Turning 1/4 right step right forward. (12:00)	Quarter	Turning right
2 &	Turning 1/2 right step left back. Turning 1/2 right step right forward. (12:00)	Full Turn	
Option	Counts 2 &: Replace full turn with two quick steps forward - left, right.		
3 – 4	Turning 1/4 right step left to left side. Transfer weight onto right. (3:00)	Quarter	
& 5	Cross left over right. Step right to right side.	Cross Side	Right
6&7	Rock back on left. Recover onto right. Step left to left side.	Back Rock Side	On the spot
8 &	Cross right over left. Unwind full turn left, weight ending on left. (3:00)	Cross Unwind	Turning left
Option	Counts 8 &: Replace cross unwind with Cross rock, recover.		

Choreographed by: Alison & Peter (UK) December 2011

**Choreographed to:** 'Flying Without Wings' by Westlife (146 bpm) from various albums; download available from amazon.co.uk or iTunes (Quick intro: on vocals when he sings 'Everybody's looking for that SOMEthing ... - start on first syllable of something - SOME)

