



Approved by:

Margaret Swift

Feeling Kinda Lonely

4 WALL - 32 COUNTS - ABSOLUTE BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1	Heel, Heel, Toe, Toe, Side, Together, Heel Bounce		
1 - 2	Tap right heel forward. Tap right heel forward.	Heel Heel	On the spot
3 - 4	Tap right toe back. Tap right toe back.	Toe Toe	
5 - 6	Step right to right side. Close left beside right.	Right Together	Right
7 - 8	Bounce both heels twice.	Heel Bounce	
Section 2	Heel, Heel, Toe, Toe, Side, Together, Heel Bounce		
1 - 2	Tap left heel forward. Tap left heel forward.	Heel Heel	On the spot
3 - 4	Tap left toe back. Tap left toe back.	Toe Toe	
5 - 6	Step left to left side. Close right beside left.	Left Together	Left
7 - 8	Bounce both heels twice.	Heel Bounce	
Section 3	Step Touch x 2, Back Touch x 2		
1 - 2	Step right forward. Touch left beside right. (Clap)	Forward Touch	Forward
3 - 4	Step left forward. Touch right beside left. (Clap)	Forward Touch	
5 - 6	Step right back. Touch left beside right. (Clap)	Back Touch	Back
7 - 8	Step left back. Touch right beside left. (Clap)	Back Touch	
Section 4	Grapevine Right, Touch, Grapevine Left 1/4 Turn, Touch		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 - 4	Step right to right side. Touch left beside right.	Side Touch	
5 - 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 - 8	Make 1/4 turn left stepping left forward. Touch right beside left.	Turn Touch	Turning left

Choreographed by: Margaret Swift (UK) August 2007

Choreographed to: 'Feeling Kinda Lonely Tonight' by The Dean Brothers (132 bpm) from CD The Family Album (16 count intro)

Music Suggestion: 'In A Letter' by Eddy Raven (132 bpm) from CD Wild Eyed And Crazy (36 count intro); 'Nothin 'bout Love Makes Sense' by LeAnn Rimes (122 bpm) from CD Line Dance Fever Vol 16 (32 count intro)



A video clip of this dance is available to members at www.linedancermagazine.com