

Country Mile

48 Count, 4 Wall, Improver Choreographer: Tina Argyle (UK) May 2019 Choreographed to: Country Mile by Lisa McHugh

Count In : 16 counts from start of track approx 10 seconds into track

- S1 Stomp, Stomp. Sailor Step. Behind ³/₄ unwind, Side Rock, Recover.
- 1-2 Stomp R forward and slightly out, Stomp L forward and slightly out
- 3&4 Cross R behind L, Step L to L side, step R to R side
- 5-6 Touch L behind R, Make ³/₄ turn L to face 3 o'clock with weight on L (3 o'clock)
- 7-8 Rock R to R side, recover weight onto L

S2 Cross, Side, Behind Side Cross, ¹/₄ Turn Side Step, Shuffle Forward

- 1-2 Cross R over L. step L to L side
- 3&4 Cross R behind L, step L to L side, cross R over L
- 5-6 Make ¹/₄ turn R stepping back L, step R to R side (6 o'clock)
- 7&8 Step fwd L, close R at side of L, step fwd L

S3 Full Turn Fwd (or walk,walk).Mambo Step. Coaster Step, Step 1/4 Turn

- 1-2 Make ¹/₂ turn L stepping back R, Make ¹/₂ turn L stepping fwd L
- 3&4 Rock fwd onto R, recover weight onto L, step back R
- 5&6 Step back L, step back R, step fwd L
- 7-8 Step fwd R make 1/4 turn left onto L (3 o'clock)

S4 Cross, Side Sailor ¹/₂ Turn. Side Rock Recover Ball Side Rock Recover

- 1-2 Cross R over L, step L to L side
- 3&4 Cross R behind L Make ¹/₄ turn R stepping L to L side, Make ¹/₄ turn R stepping R to R side (9 o'clock)
- 5-6 Rock L to L side, Recover
- & Step L at side of R
- 7-8 Rock R to R side, Recover

S5 Sailor Step x 2. Rock Forward Recover, ¹/₂ Turn, Walk Fwd Right, Left

- 1&2 Cross R behind L, step L to L side, step R to R side
- 3&4 Cross L behind R, step R to R side, step L to L side
- 5-6 Rock fwd R, recover weight onto L
- 7-8 Make ¹/₂ turn R stepping fwd R, step fwd L (3 o'clock)

*** Re start here during wall 1 facing 3 o'clock ***

- S6 Rock Fwd Recover Ball Walk Back L,R Rock Back Recover Ball Walk Fwd R,L
- 1-2& Rock fwd R recover, step R at side of L
- 3-4 Walk back L then R

*** Re start here during wall 3 by replacing count 4 with a touch facing 9 o'clock wall

- 5-6& Rock back L recover, step L at side of R
- 7-8 Walk forward R then L

*** Re starts during walls 1 & 3 see notes in script.***

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